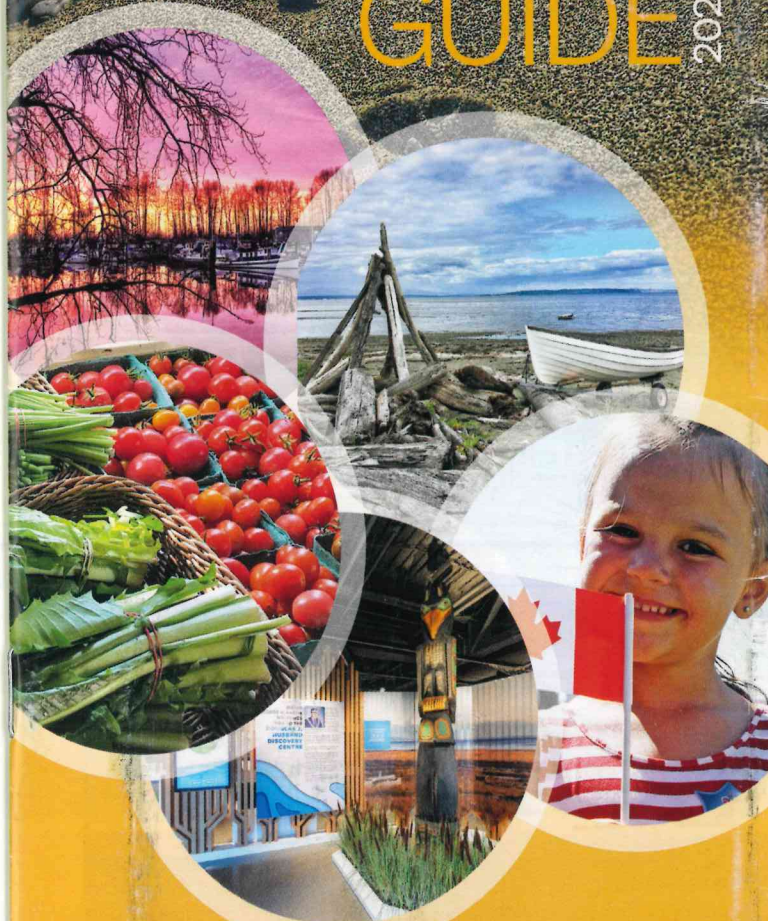


METRO VANCOUVER

South Delta  
Ladner • Tsawwassen

# STAY CATION GUIDE 2022



DELTA  
OPTIMIST 100<sup>TH</sup>  
ANNIVERSARY



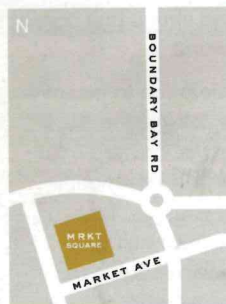
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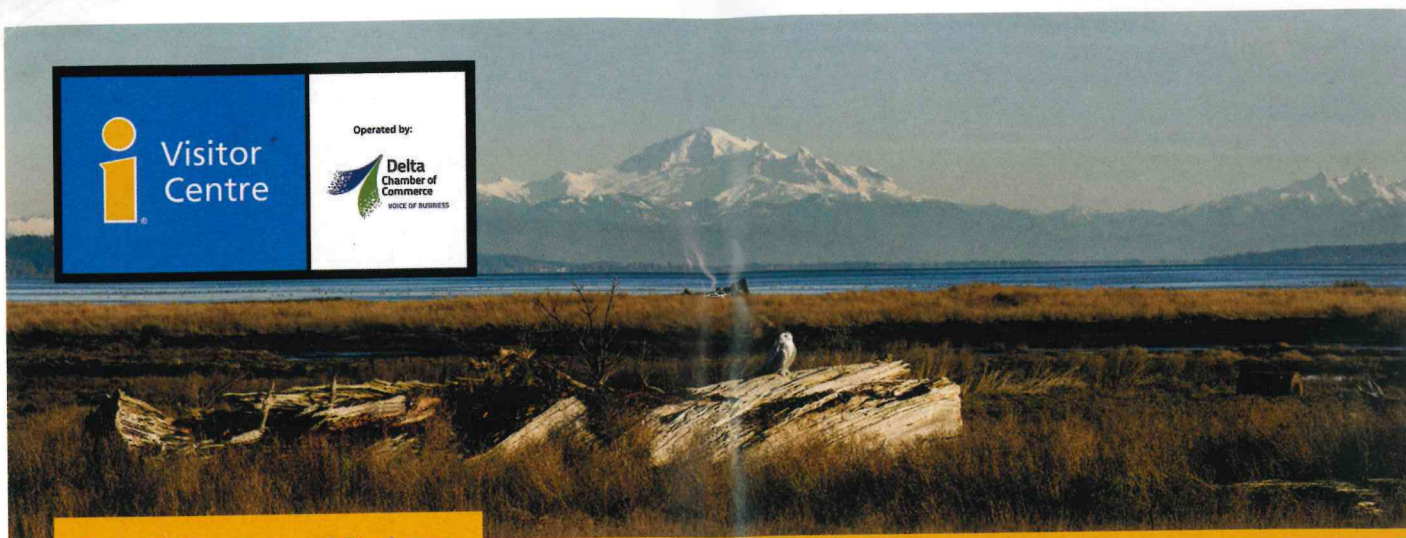
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## Dear Visitors & Local Explorers

Welcome to Delta, BC, the city of beaches, parks, and awe-inspiring vistas—all inhabited by remarkable wildlife to observe. Whether you are visiting, working, or residing, we have something for everyone. In Delta, our access to the ocean or river, farmland or forest is the call to adventure you've been searching for. We love Delta for its abundance of sunshine and outdoor amenities that support an active, curious lifestyle. We love Delta for its community spirit that greets visitors with a warm welcome. We love Delta for its diverse restaurants and shops that connect people with cultures from around the world.

So, we encourage you to visit **welovedelta.ca** to discover more through the blogs and numerous self-guided day trips. And when you arrive, drop by the Visitor Centre for assistance in wayfinding, trip planning, and community information. Don't forget to share what you, too, love about Delta by posting on social media your visit to a favourite business or attraction; use **#welovedelta** and tag **@welovedeltabc** and **@experiencedeltabc**.

We hope you have a wonderful visit or staycation in our beautiful community!

**Jill McKnight**  
Executive Director  
Visitor Centre &  
Delta Chamber of Commerce

**Jane Stark**  
Executive Director  
Tourism Delta



## Visitor Centre

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South Delta  
Ladner • Tsawwassen

# STAY CATION

GUIDE 2022

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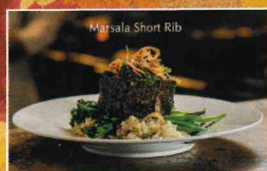


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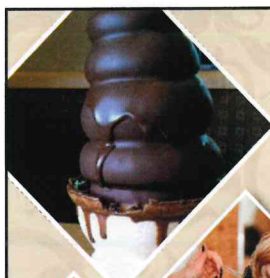


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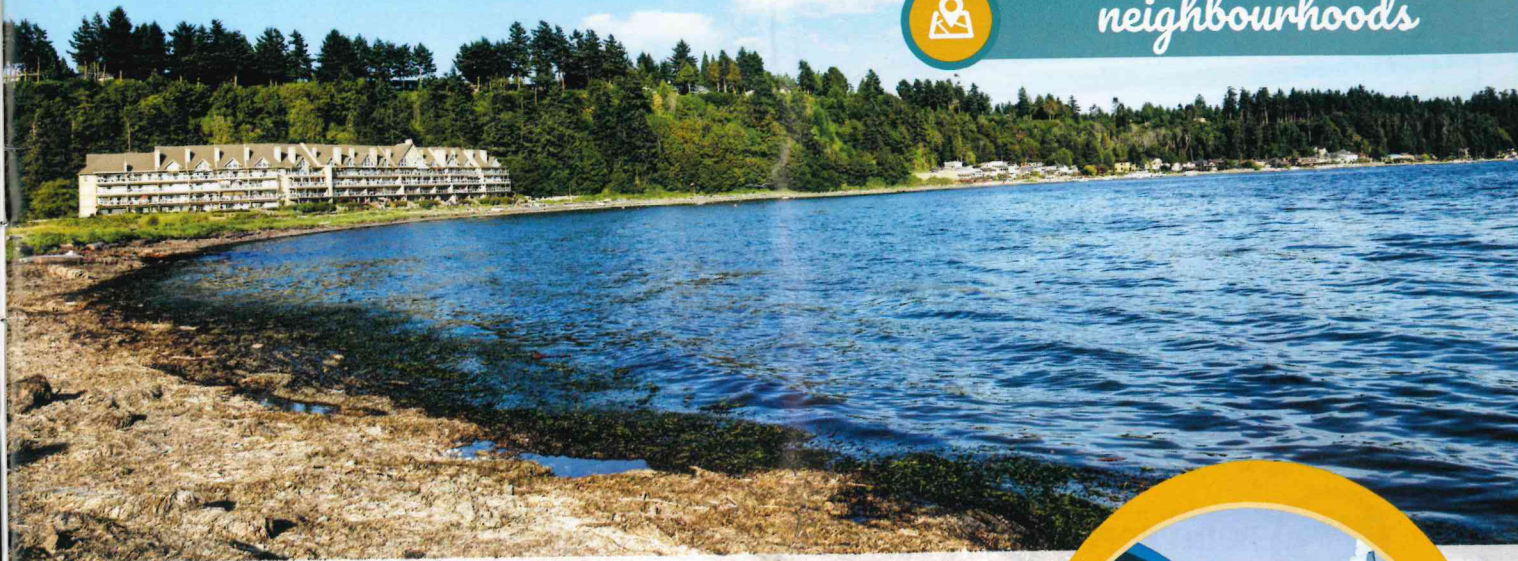
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## Sunny Delta retains its small town charm in shadow of big city

The City of Delta lies in the extreme southwestern corner of mainland Canada, bounded on the north by the Fraser River, the west by the Strait of Georgia, the south by Boundary Bay and the American border, and on the east by the City of Surrey.

Historically a farming and fishing community, Delta became a bedroom suburb of Vancouver with the opening of the George Massey Tunnel

in 1959, but still retains its small town charm and more relaxed atmosphere.

The city of just over 100,000 is divided into three main population centres: North Delta, Ladner and Tsawwassen.

North Delta is the most populated of the three and is situated in the upland area along the city's northeast boundary with Surrey. ■



### LADNER



The village of Ladner is situated on the south bank of the Fraser River and was the original centre of population in Delta. It remains home of city hall, the police station and Delta Hospital. Despite the recent growth, Ladner retains its village atmosphere with a quaint commercial core. There are also shopping malls along Ladner Trunk Road. Ladner offers much for the outdoors-type, with an expanded Millennium Trail, vast bird watching opportunities and a myriad of natural areas. It's also home to a multitude of festivals and activities, including a May Days celebration that's more than a century old and the Ladner Village Market, which brings thousands to town on Sundays in the summer.



## Visit Point Roberts, WA, USA

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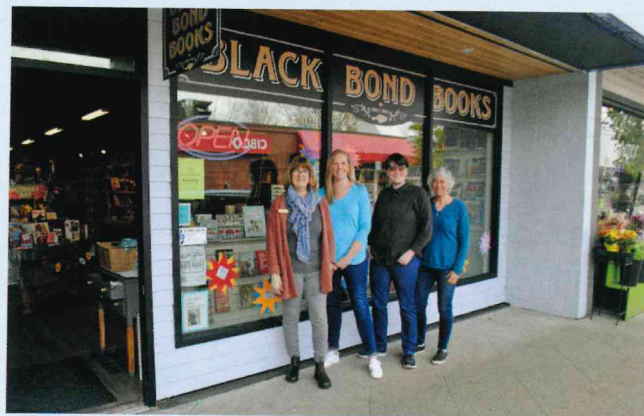
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**T**sawwassen, including the neighbourhoods of Boundary Bay and Beach Grove, is located in the southwest corner of the city on what was once Roberts Island. Over the years silt from the Fraser River connected the island to the mainland and Roberts is now a point, not an island. It is named after the original First Nation settlers.

Tsawwassen's population consists primarily of families, although a growing number of seniors take advantage of its terrific weather. More Metro Vancouver residents have moved to the area recently thanks to the ongoing Southlands development in Boundary Bay and at Tsawwassen First Nation.

The community, with its mild, sunny climate, is a gardener's paradise. Tsawwassen's residents have become known for being fiercely protective of their enviable quality of life. Centennial Beach, which forms part of Boundary Bay Regional Park, is noted for its warm water for swimming in summer.



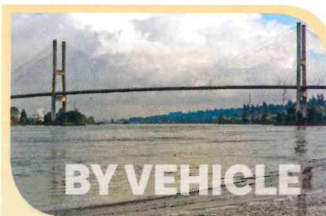
**W**ith COVID cross-border travel restrictions now significantly eased, quick trips from South Delta to the United States are possible again.

Immediately south of Tsawwassen is the geographical anomaly of Point Roberts, Washington. This area, while part of the continental United States, is only reachable by land through Canada via a border crossing at the foot of 56th Street.

Point Roberts is a mainly rural enclave, where the majority of property owners are Canadians that make their way to their vacation homes, mainly over the summer months. It's home to a large marina, numerous parcel outlets and gas stations where Metro Vancouver residents frequent to get a break in fuel costs. An 18-hole public golf course is expected to re-open this summer after being closed for over two years due to the previous border closure.

## Getting Here

Situated in the southwest corner of the Lower Mainland, Delta is a collection of three distinct communities – Ladner, Tsawwassen and North Delta – which are linked by the provincial highway system as well as rural roads.



Located south of the Fraser River, Delta is accessed by vehicles from the north either through the George Massey Tunnel or the Alex Fraser Bridge. Highway 99, the main thoroughfare from the U.S. border to Vancouver, runs through Delta, while Highway 17, also known as the South Fraser Perimeter Road, offers a link to the Trans-Canada Highway.



Situated at the western end of Highway 17, B.C. Ferries' Tsawwassen terminal is the main port of entry for traffic to and from Vancouver Island. It is also the only access point from the mainland to the Gulf Islands. The majority of sailings out of Tsawwassen are to Swartz Bay outside Victoria. There are also numerous sailings to Nanaimo on central Vancouver Island via the Mid-Island Express.



Delta is served by several bus routes through the TransLink system, most of which link the community to the Canada Line's Bridgeport Station in Richmond that offers frequent rapid transit service to downtown Vancouver and the Vancouver International Airport. Bus service is also available to the Tsawwassen Ferry Terminal.



At the foot of 56th Street in Tsawwassen sits an international border that leads to Point Roberts, Washington. The tiny American peninsula is only reachable by land through Canada via a crossing that typically has short wait times, although it can get quite busy when Canadians head south to fill up the tank or pick up a package.



# Albany

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## Spectacular aerial performances at the Boundary Bay Air Show

Following a two-year COVID hiatus, the Boundary Bay Air Show is back Saturday, July 16.

A summertime favourite in Delta, this event typically features more than three hours of aerial demonstrations as well as many static displays on the tarmac at the Boundary Bay Airport.

Harvard aircraft based out of Ponoka, AB. Past participants include the world famous Canadian Forces Snowbirds back in 2019.

There will also be live entertainment, a variety of food vendors and all kinds of children activities.

The air show takes place at historic Boundary Bay Airport that was initially opened in 1941 by the Royal Canadian Air Force as a pilots' training base for the Second World War. ■



Hosted by Alpha Aviation Inc. and the City of Delta, the 2022 line-up will have a number of exciting performers including Yellow Thunder, an aerial demonstration team flying ex-Royal Canadian Air Force

**The Boundary Bay Air Show is a free event. The gates will open at 11 a.m. and the airshow performances get underway at noon. Boundary Bay Airport is located 7800 Alpha Way in East Ladner.**





## Ladner Village Market returns for 26<sup>th</sup> season

A visit to the Ladner Village Market at least one each summer has become a fixture on the calendar for many Metro Vancouver residents for good reason.

Located right in the heart of the village, it's one of Western Canada's largest open air markets, spanning more than three blocks and featuring more than 160 artisan vendors for each of the six Sunday dates, from June to early September.

**The market is located on 48th Avenue from Delta Street to Elliott Street. This year's dates are June 12 and 26, July 10 and 24, Aug. 14 and 28, and Sept. 11. Hours are 10 a.m. to 4 p.m. The market runs rain or shine. Admission is free.**

Visitors will have the opportunity to meet talented British Columbia artists and see their work or sample delicious products from one of the many food vendors.

After two challenging years working around the pandemic, organizers say this year's market will be back up to 90 percent full capacity with some COVID-19 safety measures remaining in place. It means the return of daily entertainment and talented buskers while the "Shop-Do Not Stop" theme continues to keep the crowds moving in the same direction. Consumers are encouraged to enjoy their purchased food and drink outside the market area with vendors serving everything in takeaway recyclable containers. ■

**For more information visit [ladnervillagemarket.com](http://ladnervillagemarket.com).**



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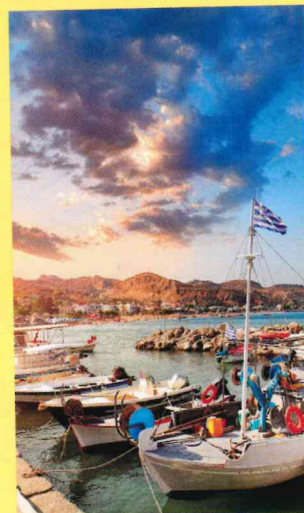
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## What's happening in Delta this summer?

### JUNE

#### Saturday June 4 & Sunday, June 5

##### Ladner Bandfest

The Ladner Bandfest brings amateur community concert bands to Memorial Park, for continuous free 40-minute concerts on two stages all day, both days throughout the weekend. Naden Band of the Royal Canadian Navy performs Sunday at 4 p.m. [ladnerbandfest.org](http://ladnerbandfest.org)

#### Sunday, June 5

**Noon to 4 p.m. Ladner Harbour Park:** Shriner's Club Salmon Barbecue. Popular fundraising event returns in a park setting complete with games and face painting for the kids.

#### Sunday, June 12

**10 a.m. to 4 p.m. 48th Avenue, Ladner Village:** Opening day of the 26th annual Ladner Village Market, featuring more than 160 vendors in an open air atmosphere. Entertainment and buskers TBA. Food vendors on site, but patrons are encouraged to consume food and drink off site in area parks. [ladnervillagemarket.com](http://ladnervillagemarket.com)

#### Sunday, June 19

**11 a.m. to 4 p.m. North Delta Community Park 84th Avenue:** North Delta Family Day Parade and Festival. The 11 a.m. parade kicks off a day of family fun and activities, featuring live entertainment and plenty of food vendors at the park.

See more at: [delta.ca](http://delta.ca).

#### Sunday, June 26

**10 a.m. to 4 p.m. 48th Avenue Ladner Village:** the second date of the 26th annual Ladner Village Market. [ladnervillagemarket.com](http://ladnervillagemarket.com)

### JULY

#### Friday, July 1 (Canada Day)

All day: Celebrations around the city for the country's 155th birthday includes entertainment and cake cutting at Tsawwassen's Diefenbaker Park (10 a.m. to 1 p.m.) while the historic Kirkland House property in Ladner will host a family picnic (noon to 4 p.m.) that includes all kinds of family activities. For evening entertainment (5:30 to 10:45 p.m.), head to Chalmers Park in North Delta for more free family fun and plenty of food options. The night will conclude with a fireworks display. [delta.ca](http://delta.ca)

#### Sunday, July 10

**10 a.m. to 4 p.m. 48th Avenue, Ladner Village:** the third date of the 26th annual Ladner Village Market. [ladnervillagemarket.com](http://ladnervillagemarket.com)

#### Saturday, July 16

**Noon, Boundary Bay Airport:** The Boundary Bay Air Show returns with plenty of attractions in the sky and on the ground for this free family event. There will be plenty of activities for the kids and an assortment of food trucks. Get there early as the gates open at 11 a.m. [facebook.com/BoundaryBayAirshow](https://facebook.com/BoundaryBayAirshow)

#### Sunday, July 24

**10 a.m. to 4 p.m. 48th Avenue, Ladner Village:** the fourth date of the 26th annual Ladner Village Market. [ladnervillagemarket.com](http://ladnervillagemarket.com)

### AUGUST

#### July 29-to-Aug. 1

**Winskill Park and surrounding areas:** The Tsawwassen Sun Festival is back for first time since 2019 and "Party in the Park 2022" features loads of family fun. Highlighted events includes a Drive-In Movie Night on July 31 at Beach Grove Elementary and the Rotary B.C. Day Parade, on 56th Street, starting at 11 a.m. [sunfestival.ca](http://sunfestival.ca)

#### Sunday, Aug. 14

**10 a.m. to 4 p.m. 48th Avenue, Ladner Village:** the fifth date of the 26th annual Ladner Village Market. [ladnervillagemarket.com](http://ladnervillagemarket.com)

#### Sunday, Aug. 28

**10 a.m. to 4 p.m. 48th Avenue, Ladner Village:** the sixth date of the 26th annual Ladner Village Market. [ladnervillagemarket.com](http://ladnervillagemarket.com)

### SEPTEMBER

#### Saturday, Sept 10

**10 a.m. to 4 p.m. Westham Island:** The City of Delta's annual Day of the Farm takes place at the Ellis' family's historic property. There will be plenty of fun family activities and local produce to purchase too. [delta.ca](http://delta.ca)

**6 p.m. to 10 p.m. Luminary Festival at Sunstone Park, North Delta:** The community gathers with their homemade lanterns to enjoy music, entertainment and Children's activities. A parade of lanterns around the pond will highlight the evening at 8:30 p.m. [delta.ca](http://delta.ca)

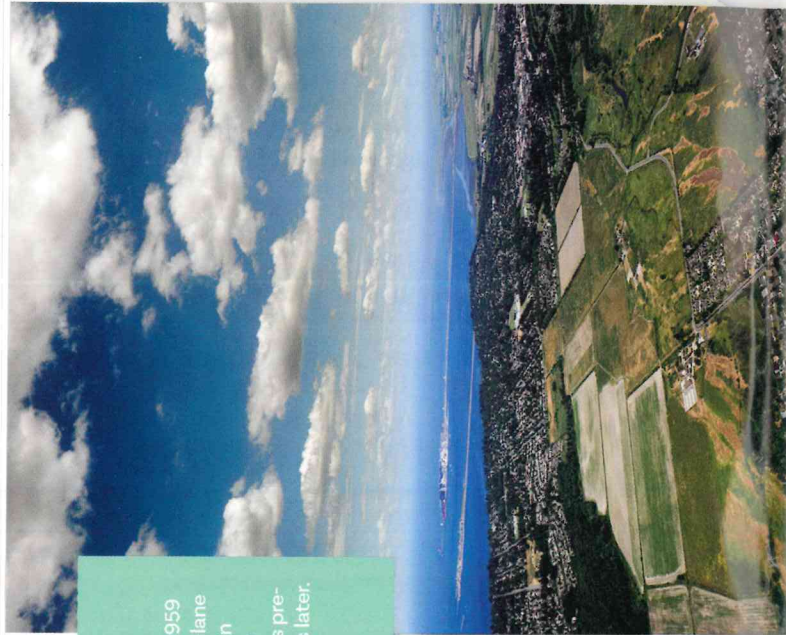
#### Sunday, Sept. 11

**10 a.m. to 4 p.m. 48th Avenue, Ladner Village:** the final date of the 26th annual Ladner Village Market. [ladnervillagemarket.com](http://ladnervillagemarket.com)



## Did you know...

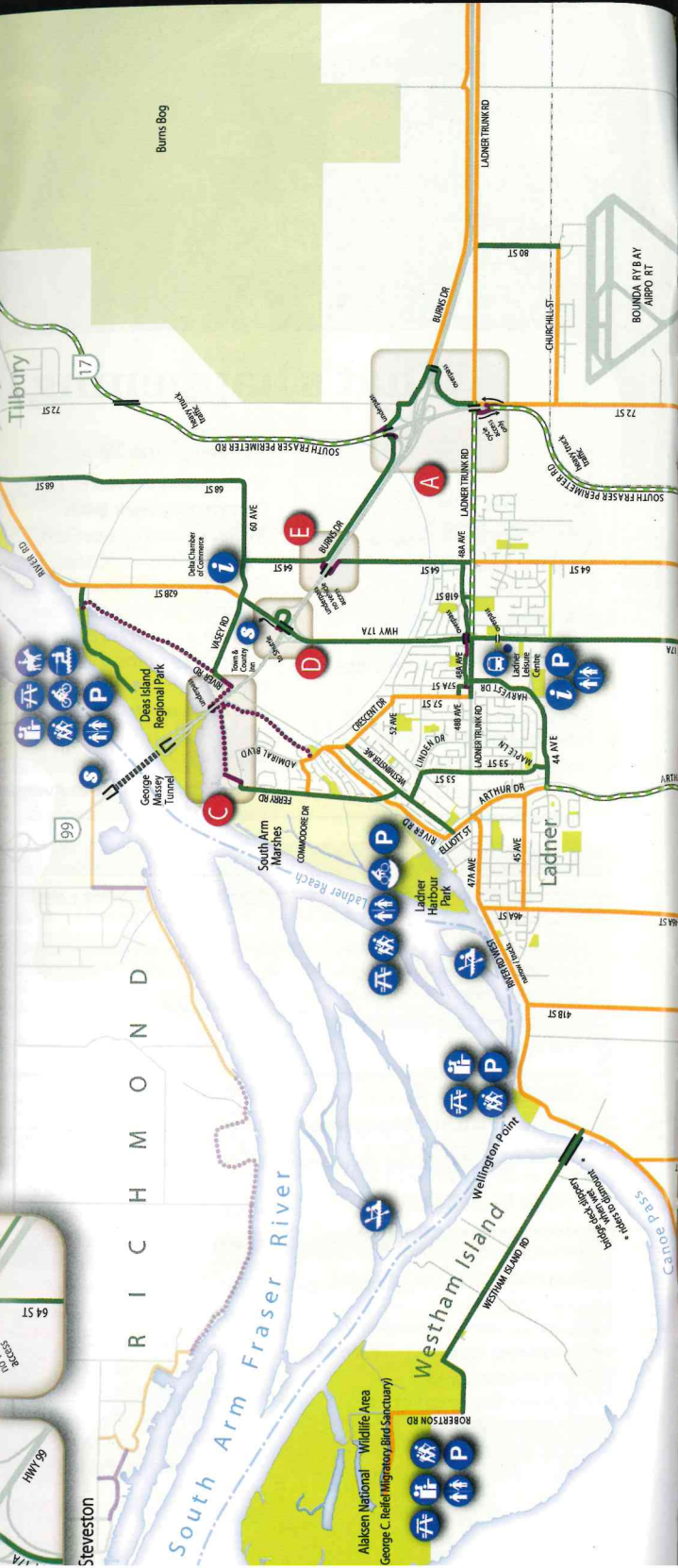
opening of the George Massey Tunnel in 1959 was a watershed moment for Delta. The four-lane tunnel, built at a cost of \$23 million, ushered in unprecedented growth in the area which saw a population jump from 8,000 residents pre-war to approximately 80,000 two decades later. current population is just over 100,000.



map



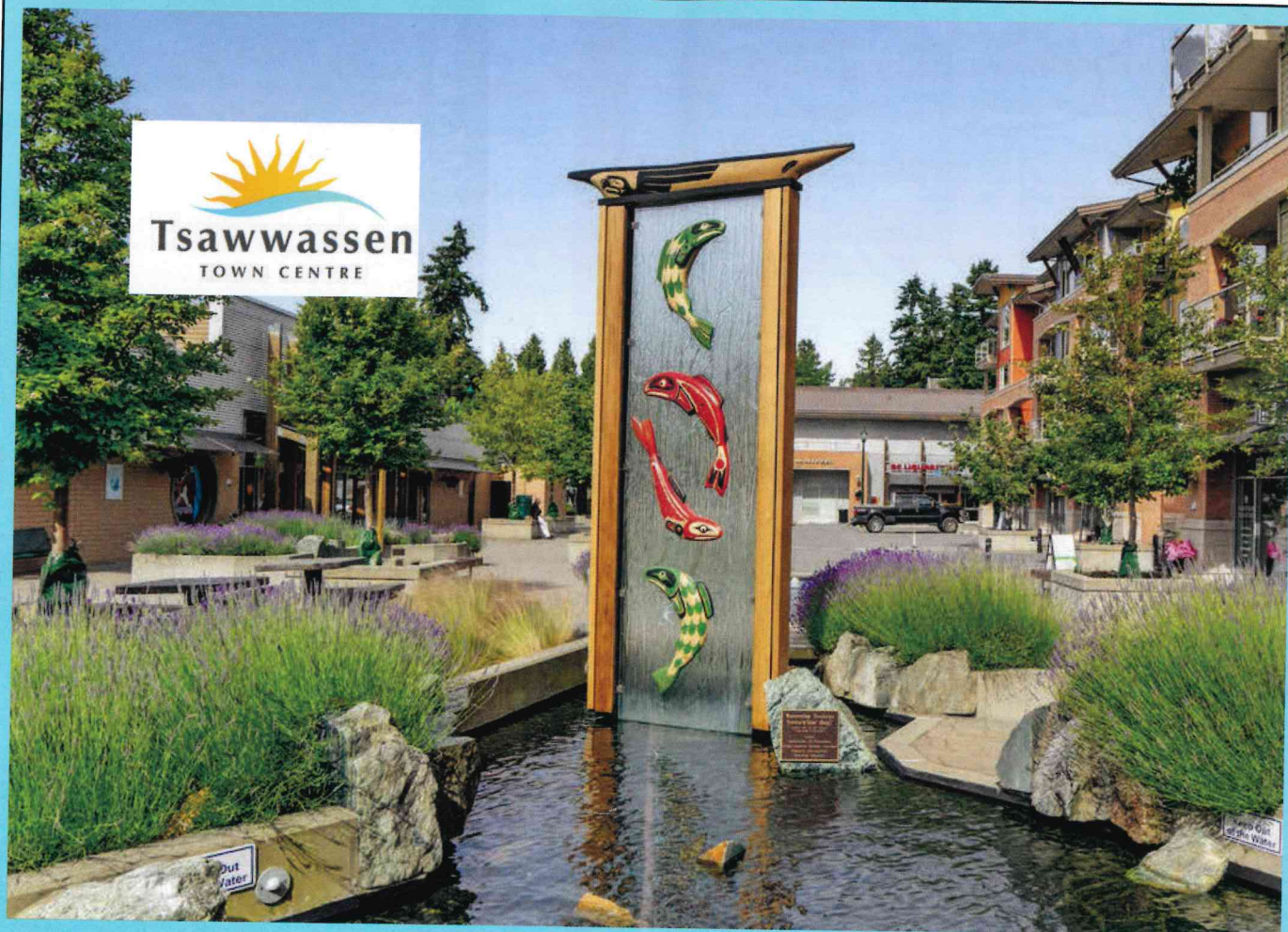
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## A new cultural experience in Delta

The past, present and future come together at the new Douglas J. Husband Discovery Centre.

Officially opened to the public in April, 2022, the space is warm and inviting as you walk through the doors and are immediately immersed in a

cultural and heritage space showcasing everything that is Delta.

The goal of the City of Delta in creating the Douglas J. Husband Discovery Centre, named after former Mayor Doug Husband who passed away in 2020, was to create a state-of-the-art

building that honours Delta's history and culture, combining spaces that are inclusive, supportive and reflective of the diverse and evolving community of Delta.

Replacing the former Delta Museum and Archives, the new cultural centre features several interactive experiences for visitors to learn about and celebrate the many layers and facets of Delta. The various kiosks will enable visitors to customize their tour to discover various artifacts.

"Right now we are utilizing two systems. We have Carousel where it basically tells you stories about the physical artifacts in the space. And then we have a system called Trail, which is almost game like," said Robert Sullivan, Cultural

Services Manager with the City of Delta. "You get an RFID card, tap in your station, pick a name for your team, it asks you questions and then the system sends you from station-to-station. Different groups can do this at the same time. With Trail we are only the second museum in the world to have this. ■

**The Douglas J. Husband Discovery Centre is located in Ladner just south of City Hall. Free parking is available on site. Hours of operation are weekends only on Saturday from 10 a.m. to 6 p.m. and Sunday from 11 a.m. to 5 p.m. until July when hours will change.**



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*bird watching*

## Millions of birds flock to Delta annually

The Fraser River delta is an important part of the Pacific Flyway, a stopping point for more than five million migratory birds annually. As a result, Delta's become a haven for bird watchers that continue to flock to a number of hot spots to catch a glimpse of the local wildlife. Delta is consistently at or near the top of the annual

Christmas Bird Count, a national initiative to record the number of bird species.

The 300-hectare George C. Reifel Migratory Bird Sanctuary on Westham Island is a favourite location for birders. Almost 300 species have been sighted at the marshland reserve, including thousands of snow geese every fall.

Delta is also a great place to

view eagles, hawks and owls, and although you'll see more of these magnificent raptors in the winter months, they grace the area year round. If the statuesque great blue heron is a favourite, there's no shortage of these graceful creatures along the Tsawwassen ferry causeway. As well, keep your eyes peeled for them at the edge of farm fields, where they can often be spotted →

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→ looking for food in irrigation ditches.

In addition to the Reifel Sanctuary, here are some other spots for birders:

### Burns Bog

Burns Bog, one of Delta's ecological treasures situated between the Fraser River and Boundary Bay, is home to over 150 species of birds. Located at 8000 Nordel Way, the Delta Nature Reserve is the only public access to the bog and features a boardwalk and gravel trails. Burns Bog also provides habitat for about 30 species of mammal, including blacktail deer, red fox bobcat, coyote and beaver.

### Regional Parks

Boundary Bay Regional Park is a hub of ornithological activity, particularly in spring. Take a quiet walk on the dike or kick off your shoes and dip your toes, or more, in the warm water of Centennial Beach. Deas Island Regional Park, on the banks of the Fraser River in Ladner, has a number of picturesque walking trails and picnic spots. Visit in the evening and you'll likely see bats that make their home in the attic of a heritage building in the park.

### Dikes

On the edge of the city's sprawling farm fields, the windswept dikes are a



favourite spot for birders in search of majestic raptors or shorebirds by the thousands. The dike around Boundary Bay can be accessed from a number of locations, including the foot of 64th, 72nd of 104th streets and 17A Avenue. There are also dikes along the Millennium Trail and on River Road West near the Westham Island Bridge. ■



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## walks & hikes



## Blessed with vast amounts of outdoor space to enjoy

Getting exercise for physical and mental health is now even more important as we continue to deal with the impact of the COVID-19 pandemic. Here are just a few places where you can get outside, enjoy a hike and get in touch with nature:

### Deas Island Regional Park

Located on an island in the lower reaches of the Fraser River, this is a great place for a picnic, a quiet walk or a paddle along the slough. The tall cottonwood trees and surrounding wetlands are home to a variety of wildlife – from eagles and chickadees to frogs and otters.

The park derives its name from John Sullivan Deas, a free Black tinsmith, who established a salmon cannery on the site in 1873. Deas Island Regional Park is home to three local heritage buildings: Inverholme Schoolhouse, Delta Agricultural Hall and Burrville.

#### Trails

Tinmaker's Walk is a 3 m wide trail, with a coarse gravel base, with minimal grade changes. The trail may be accessible for some users from Fisher's Field to the Heritage area parking.

The trails to the west of Muskrat Meadow are soft/sandy and may be difficult for most wheelchair/stroller users.

#### Park hours are:

April 5 to June 6 from 7 a.m. to 9 p.m.  
June 7 to Sept. 5 from 7 a.m. to 10 p.m.

### Boundary Bay Regional Park

Sandy beach and tidal flats draw crowds in the summer. But Boundary Bay is a great place to explore year round, whether on the trails near Centennial Beach or on the wide open Dyke Trail with its big views.

There are 24 km of hiking trails, 18 km of horseback trails and 20 km of cycling trails.

#### Park hours are:

April 5 to June 6 from 7 a.m. to 9 p.m.  
June 7 to Sept. 5 from 7 a.m. to 10 p.m.

### Delta Nature Reserve

As the only publicly accessible part of Burns Bog, the Delta Nature Reserve allows visitors to experience bog ecosystems. Stroll along rustic boardwalks meandering through forests and hardhack meadows, and over wet, soggy soils. Look for bog plants such as Labrador tea and bog laurel. Watch for songbirds, woodpeckers, hawks and eagles.

There are 2.5 km of walkable trails.

#### Park hours are:

April 5 to June 6 from 7 a.m. to 9 p.m.  
June 7 to Sept. 5 from 7 a.m. to 10 p.m.

For more details on these parks or others in the region operated by Metro Vancouver, see: [www.metrovancouver.org/services/parks](http://www.metrovancouver.org/services/parks)





*farm stands*



## Delta is a haven for farm-to-table options

From roadside country stands to bustling weekend markets, Delta offers a wide-variety of farm-to-table options to enjoy from spring to fall.

Here are some of them:

**BACKROADS FAMILY FARM MARKET**  
2757 52nd Street

Owned by Danielle and Alicia Guichon, of the prominent Guichon farming family, Backroads opened in 2014 due in no small part to the popularity of their roadside stand and their presence at the Ladner Village Market.

From new potatoes to strawberries in June to cranberries and pumpkins in October, Backroads features produce from all seasons.

**EMMA LEA FARMS**  
2727 Westham Island Road

This family farm has been in operation since 1885 when it was built by Joseph and Emma Tamboline. The Farm Market and Ice Cream Shoppe features a wide-range of produce, juices, pies, flowers and crafts. The u-pick berry fields come June and beyond are always popular.



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**WESTHAM ISLAND  
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4690 Kirkland Road

The Ellis family is strong believers in supporting the community by not only featuring their own vegetables and but other locally grown and crafted products as well. The property features a number of rustic country buildings including a general store that features everything from handmade soap, to dairy items.

**CROPTHORNE FARM**  
4362 Tamboline Road

The family farmstand opens each June and is stocked with an array of fresh vegetables, seasonal flowers and eggs from pastured hens.

Everything is grown right at the farm and is certified organic.

**KEITH'S PRODUCE**  
3520 River Road West

Steps away from the Westham Island Bridge, this basic roadside stand is known for its locally grown produce and fresh farm eggs.

**VANDULA FARMS**  
9832 Ladner Trunk Road

This family-owned farm likes to call its one-stop shopping experience a "nature's market." For 40 over Vandula Farms has formed deep relationships with local farmers and food artisans to feature their products.



**DIDAR BERRY FARMS**  
5580 104 Street

Pick your own blueberries or purchase from the stand, this farm was founded in 2005 and is located on Burns

Bog's designated agricultural land. The family owned and operated farm takes advantage of the highly fertile land to ensure superior quality and abundance of berries. ■

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dining



## A thriving food scene

From a wide range of ethnic food options to waterfront patio dining, there are a number of wonderful and award-winning dining establishments in Delta.

Here are some of them:

Home to the largest heated patios in Delta that boast incredible views and

magnificent year-round sunsets, the **RiverHouse Restaurant & Pub** has been a fixture on Deas Slough in Ladner for more than two decades. With both pub and dining room options, the RiverHouse is the spot for lunch, brunch, afternoon tapas, happy hour or dinner.

With its casual ambience, **Sharkey's Seafood Bar & Grille** in Ladner Village is the place to go for fresh seafood, oysters, shellfish, fish 'n chips and more. It also serves an extensive list of craft beers and wines. When the weather warms, a seat on its patio overlooking Ladner Harbour is a sought after spot.

Also located in the heart of Ladner Village is **Il Posto**. This casual Italian eatery is led by award-winning chef Terry Pichor who opened the restaurant with his partner Julie Marcopoulos back in 2018. The menu features plenty of Italian favourites from hand-crafted pizzas to wild prawn linguine and ham and pea rigatoni.

**Taverna Gorgona** has become a mainstay in Ladner Village not only because of its

authentic Greek cuisine, but due to the fact the restaurant embraces the idea that every meal is an opportunity to celebrate. From its white and blue décor to wines imported from Greece, it's truly a taste of the Mediterranean.

Home-made goodness keeps the customers coming back to **Café de Gourmet** in Ladner Village. Far from fast food, the owner-operated café has become famous for its freshly made soups, salads, sandwiches and baked goods as well as a variety of breakfast offerings.

**Niagara Falls Restaurant** in Ladner Village is best known for its pizza, including such favourites as the Flame Thrower or the Niagara Special, but it's also a place locals visit when they've got a hankering for pasta, Greek dishes, ➔

# WINGS

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→ steaks, ribs and seafood.

**Two Stones Grill** is one of the many restaurant offerings at Tsawwassen Commons, the strip mall across the street from Tsawwassen Mills. An intimate dining experience, the menu includes a selection of casual fare (burgers, sandwiches, wraps and more) and entrees such as blackened salmon and New York steak.

From sushi and sashimi to teriyaki and tempura, **Kamome** brings an authentic taste of Japan to Tsawwassen Commons. The always-busy restaurant offers a variety of lunch and dinner combinations as well as a varied a la carte menu.

If you want to watch your favourite sports team, **WINGS** at Tsawwassen Commons features plenty of TV screens and a wide-range of menu items including 26 different flavours of chicken wings.

If you're in the mood for Vietnamese food, **Simply Pho** in Tsawwassen Commons has you covered. It features noodle soups, rice dishes, vermicelli bowls and a variety of specials.

Chef Roland at **Illuminate Ristorante** in Tsawwassen

offers innovative dishes by infusing Italian cuisine with a West Coast flair. Trained at the French Culinary Institute in New York, his Tuscany-style cooking and gourmet seasonal menus always provide a fine dining experience.

Located on Restaurant Row on Tsawwassen's 56th Street, **Mario's** has become a gathering spot thanks to its laid back vibe and the welcoming nature of owners Liz and Darren Gates. Its expansive menu features everything from pizza and pasta to chicken and ribs.

Overlooking the fairways of Tsawwassen Springs, **Pat Quinn's Restaurant & Bar** is a classic steak and seafood restaurant in a contemporary West Coast setting. The character of the restaurant

revolves around its namesake, the legendary hockey coach who knew a thing or two about great places to dine.

Family-run **Roy's Indian Restaurant** offers trendy Indian dining in the heart of Tsawwassen. Owners Roy and Lopa opened the eatery so they could live and work in their own community with their daughter Rashi. Roy manages the back, while Lopa's warm touch looks after the front of the house.

Regularly named Best Asian Restaurant in the Optimist's annual Readers' Choice Awards, **Ocean Palace** in Tsawwassen has an expansive menu that specializes in seafood. Chef's specials include such favourites as lobster tails and stir fried tiger prawns. ■

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